

Any Rules not covered in this rules supplement are governed by USA Volleyball rules.

1. Rules of Conduct:

- The team captain will be the contact person regarding all league schedules, standings, general information, and any Items needing to be passed along to their teams. b. If a participant uses profanity directed towards any referee or league official, the participant will be ejected from the match. c. Any player/manager who threatens any league official/representative in any way (verbally/physically) will be banned from the league indefinitely. This may also result in the loss of the match. d. Only the captain and the involved player will be allowed to discuss a play with the referee; if the referee allows discussion. e. Any player who is excessively arguing calls may be ejected. If a player is ejected on two separate occasions, they will be banned from the league indefinitely at the discretion of the league supervisor. f. Any player fighting will result in the forfeiture of the game. Players involved in the altercation will be suspended from the league indefinitely. Players who verbally threatens another player or team may also be suspended from the league. g. Players who have been ejected must leave the court within (5) five minutes or their team will forfeit. h. If a team forfeits for any reason the match will NOT be rescheduled. i. If a team forfeits (2) two weeks during the season the team will be removed from the league with no refunds given.

2. Court Positions/Players:

- a) All participants must be at least 18 years of age.
- b) A coin toss will be used for choice of serve/receive. After first game, losing team shall have choice of serve/receive.
- c) Minimum number of players
 - a. i. Six person leagues may play with a minimum of four players and are allowed to have (12) twelve players per roster. If (5) five players are present at least (3) must be women. If (4) four players are present, (2) two must be women.
 - b. ii. Four person leagues may play with a minimum of three players and are allowed to have (8) eight players per roster.
- d) In the co-ed leagues, at no time shall a team be allowed to play with more men than women.
- e) If the ball is touched three times on a side, at least one touch must be made by a woman. This rule does NOT apply to competitive teams.
- f) Teams may use a rotation lineup, but must be consistent with rotations. Teams may rotate in at the server's position.

3. Tiebreakers:

- a) Tiebreakers will be handled in this order
 - i. Head to head competition between the teams tied.
 - ii. If there is a split in head to head competition, a pre-playoff game will be arranged.

4. Game Play:

- b) Players may serve anywhere along the back service line.
- b) In recreational leagues the service toss may be dropped once. In competitive leagues only one toss is allowed per serve.
- c) Players in the back row may not attack or block in front of the (10) ten foot line.
- d) Let serves are allowed.
- e) The serve can be returned with a pass or set. Players may not attack or block serves.
- f) Any ball landing on the boundary lines is in play.
- g) Scoring
 - i. There shall be (3) three games by each team as scheduled.
 - ii. Rally scoring to (25) twenty-five points. Teams must win by at least a (2) two point advantage, or the first team to (27) twenty-seven points, meaning a team can win with (27) twenty-seven to (26) twenty-six.
- h) Violations
 - i. Players may cross the net on a follow through from a spike/block, but no other time may he or she cross the net.
 - ii. Double violations will be replayed.
 - iii. A person's whole foot or appendage must fully cross the centerline for a violation.
- i) Three timeouts are allowed per match.
- j) Please try and complete (3) three matches within the given hour time period.

5. Rosters/Schedules/Standings:

- a) Roster forms will be distributed during the Manager's Meeting. Please have the forms ready for the first game. No players are allowed on the court prior to signing the roster!
- b) Changes to the team roster must be made by the date designated on the roster form. Rosters will be collected by the site supervisor.
- c) Site Supervisor will have blank rosters for roster changes.
- d) Rosters may be checked. An illegal player will result in the forfeiture of a game.
- e) Standings will be emailed weekly to manager's and will be updated on the website, **Cantonohio.gov/parksandrecreation**
- f) Standings are based on matches won or lost.

6. Miscellaneous:

- a) No glass bottles allowed in Weis Park.
- b) No food allowed in court area
- c) No smoking allowed in Weis Park or court area.
- d) Please pick up after yourself and your team!
- e) Teams responsible for refs shall supply 2 refs on the court (not sitting in the bleachers), one to keep score the other to call the match. If they do not supply 2 refs they will be penalized 5 points each game they do not supply them the following week.

CO-ED 4s SAND VOLLEYBALL LEAGUE RULES

(Revised 2016)

The United States Volleyball Association rules are to be followed with the following exceptions:

- There shall be three (3) games played by each team as scheduled. The first team to score twenty-one (21) points shall be awarded the winner of that game. The winning team must have an advantage of at least two (2) points. Each game has a ceiling score of twenty-seven (23), meaning a team can win 23 to 22.
- A team shall consist of four (4) players on the court. Twelve (8) maximum per roster. If three (3) players are present at least one (1) must be a woman. Failure to have at least two (2) players (1 must be female) at the game time and at fifteen (15) minutes thereafter will result in a forfeiture of each game. Should both teams fail to have at least three (3) players, the match will be declared a double forfeiture and both teams will receive 3 losses. **(Teams are not to consistently play with less than 4 players)**
- Teams are to change courts after each game. At the start of a new game, players may be arranged in any position desired.
- Flip a coin for choice of serve/receive for the first game. After first game, losing teams shall have choice of serve/receive.
- Ball touching the net on a serve is a playable ball.
- Ball touching any boundary line is considered "in".
- A ball going out of bounds must hit the ground or object in out-of-bounds territory before being touched by a player, otherwise, the ball is in play.
- After team first serving has lost its serve, their opponents can stay one rotation and begin serving.
- Service must be from behind the end line. Both feet must be behind the line until the ball is struck.
- A received ball must be handled cleanly. It may not be lifted, thrown, caught, roll, or come to rest on any part of the body, as determined by referee. A served ball must be properly received as per U.S. rules. "Sand Digs" are permitted.
- Double hits are permitted on any **first ball** coming across net. The ball cannot roll or come to rest on any part of the body. Ball may be played on or below the waist as per rule.

- Ball must be returned over the net in a maximum of three (3) hits. Female need not touch the ball before it is returned.
- If you start with less than four (4), and another player(s) come late, you have the option of inserting them into the server's position or not playing them.
- A ball may be recovered from the net if the player avoids touching the net.
- NO spiking with both hands in the front row; and **NO "POWER DINKS"**.
- NO open handed dinks or tips
- NO Hands over or "set overs" are permitted
- Blocking or attacking the serve is **NOT PERMITTED**.
- **NO SUBSTITUTIONS** except in the event of an injury.
- Contact with the net is prohibited.
- Have your team show up to the courts to decide rainouts.
- Players cannot be on two (2) rosters where the teams play on the same night.